

A decorative graphic featuring a light blue butterfly with intricate, swirling patterns on its wings. Below the butterfly, the word "SAVING" is written in a light blue, uppercase, sans-serif font. To the right of "SAVING", the word "grace" is written in a light blue, lowercase, cursive script font. The entire graphic is set against a dark red background with faint, concentric circular patterns.

SAVING *grace*

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What is Saving Grace?


Saving Grace is open to young women 18-25 years old who are single, without children in their care. Applicants should be at least 60 days clean/sober, motivated to become independent, and seeking an alternative to their unstable living situation.

[The Story of Saving Grace - Transitional Living \(Rogers, AR\) \(savinggracenwa.org\)](http://savinggracenwa.org)




What does life look like at Saving Grace?

The residents live in community with other young women, like a college dorm. There are expectations like housekeeping, a code of conduct, curfew, etc. Women in the community of Saving Grace participate in life skill classes and other social activities. Each resident is expected to spend about 30 hours being productive every week, doing things like working, volunteering, going to school, and working on a personal goal.



Why would they want to live there?

Saving Grace is a safe and caring place to live in community with others. They are there to support the girls, help them grow, and to help them learn to make wise decisions about their future. They learn how to become an independent woman who can care for their own needs and do it well. The goal is to empower the residents to live independently.



How can we serve this non-profit?

Each of their residents are matched with three mentors. These three mentors form a support system for the residents that helps them grow both now and in the future. This is an opportunity to build lasting supportive relationships for "Grace".



**How can we serve
this community?**

Become a mentor.

[Mentor at Saving Grace -Transitional Living \(Rogers, AR\) \(savinggracenwa.org\)](http://savinggracenwa.org)



Mentoring "Grace" for Life is a big commitment and looks a little different for everyone. Here are some basic expectations for Saving Grace mentors:

- Commit to meet with her regularly (2-4 hours/mo on average)
- Establish trust and maintain confidentiality
- Provide guidance and encouragement
- Identify learning opportunities for her
- Expose her to new ideas
- Provide helpful resources
- Share personal experiences and perspective



Our Goal For This Project:

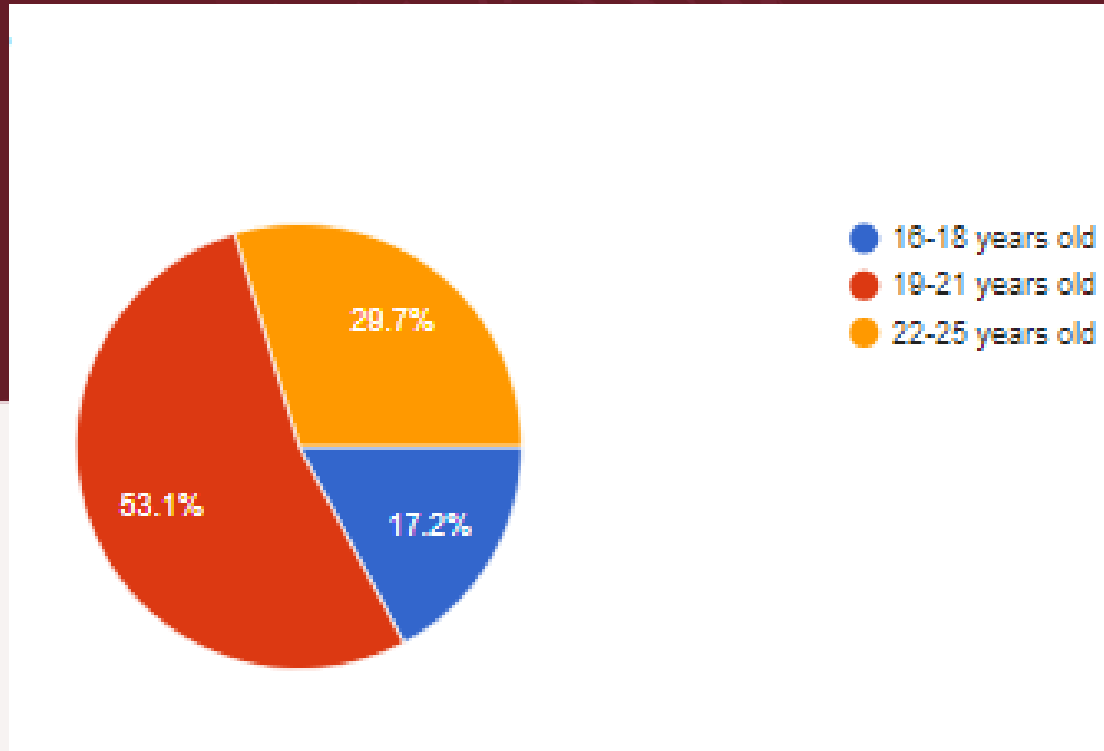
We want to be able to collect data for Saving Grace on what their residents need/want the most from a prospective mentor.



Our team created a survey with Google Form and sent it out to the community. We asked 6 questions and received an amazing response.

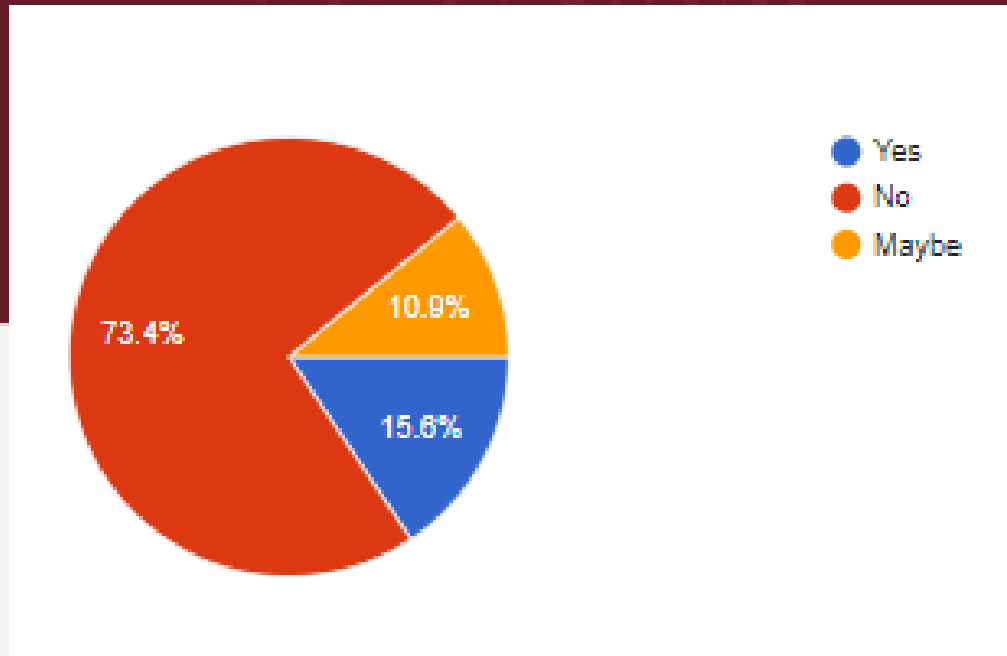
[Worksheet - Google Forms](#)

How old are you?



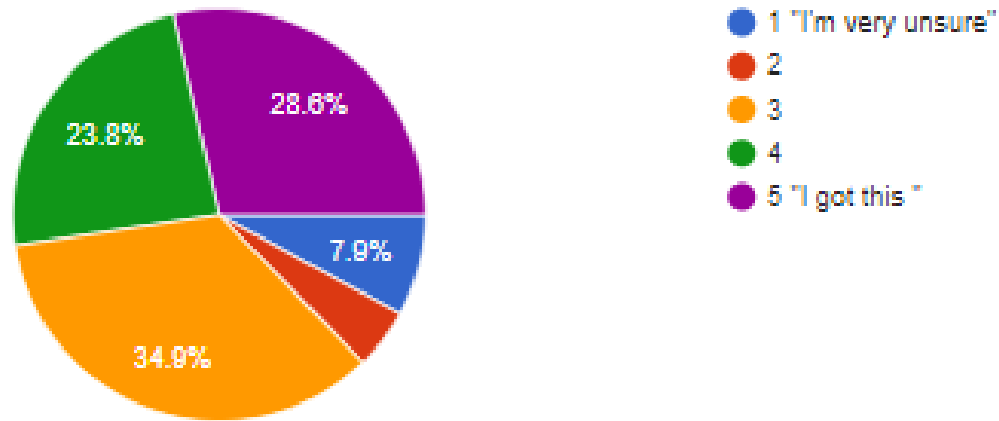
We started with collecting data regarding the age of the participants that were completing the survey

Have you ever been homeless or worry you will be?



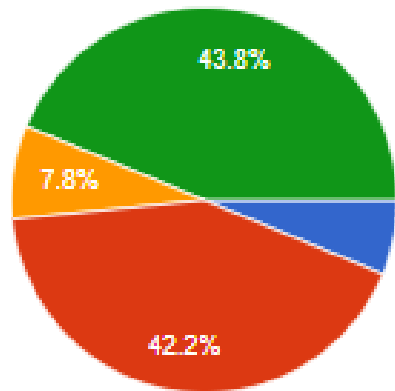
Though the residents at Saving Grace may have had different answers. It was interesting to see the response from the community; clearly stating the majority did not have concerns on being homeless. Which empathizes the importance of this non-profit to support a part of our community that the majority of us do not even have to worry about.

How confident are you in your future?



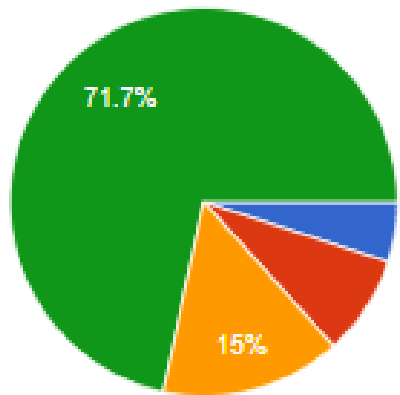
This results remind us what a deficit these residents feel as they enter adulthood. Most of these young residents are already homeless or are aging out of foster care with nowhere to go.

What type of advice would you find helpful from a mentor?

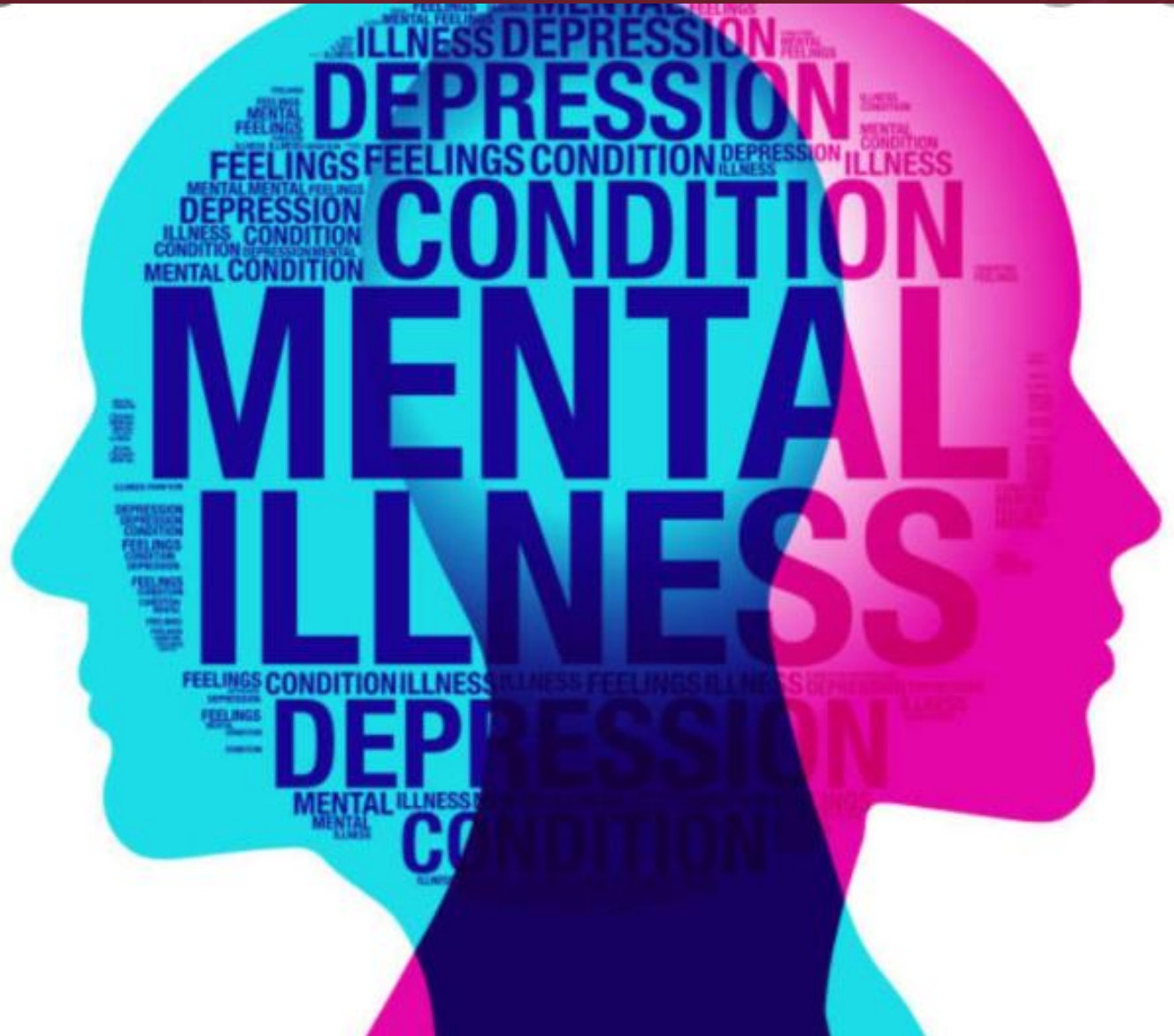


- Family advice
- Financial planning
- Spiritual growth
- Career support

Our final question was:
What is your greatest need right now?

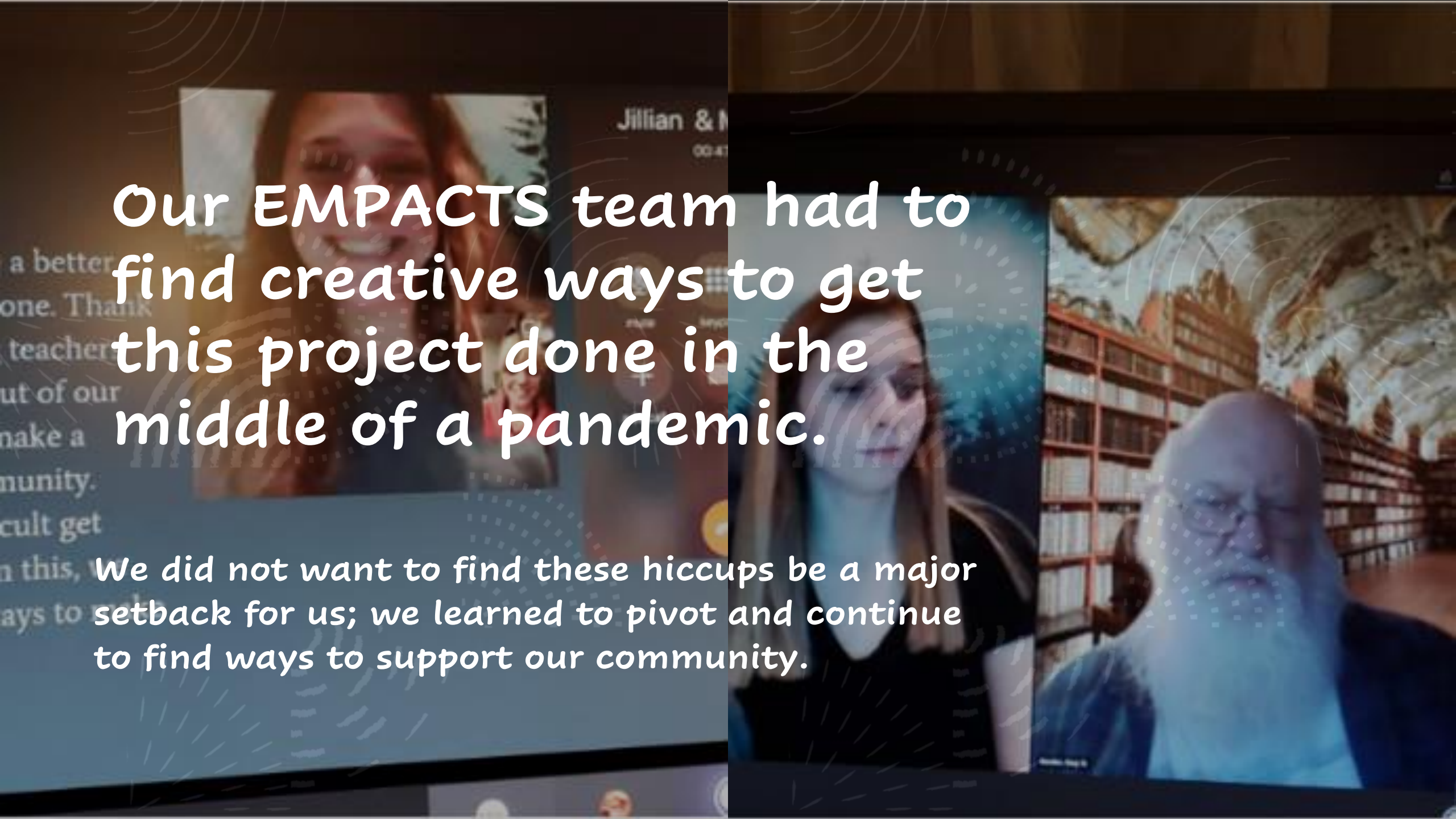


- relationship hardships
- basic needs not being met
- Employment
- Mental health




We were very pleased with the honesty of this response. In the middle of a global pandemic, mental health is a concern for most of us. But the pressure these young adults may feel may be a feeling they don't understand and need to be reminded we are all in this together

Making being a mentor even more important.

A collage of three images. The top left shows a smiling woman with long brown hair. The middle left shows a woman with long dark hair against a blue background with white dots. The right side shows an older man with a long white beard and glasses, sitting in a library with bookshelves and a mural in the background.

Our EMPACTS team had to find creative ways to get this project done in the middle of a pandemic.

We did not want to find these hiccups be a major setback for us; we learned to pivot and continue to find ways to support our community.



We chose this topic because we are hoping to inspire our community to serve this minority group, that many of us do not even realize exists. Our goal is to make a better tomorrow for everyone.

Thank you to our amazing teachers for making us get out of our comfort zone and supporting us to make a change in our community.